

## People on the move

By Staff Reports

Monday, October 1, 2007

Nizar Issa, M.D., has joined the medical staff at Crittenden Regional Hospital in West Memphis as a pulmonary disease physician and medical director of the hospital's Sleep Disorders Center. Dr. Issa is board-certified in pulmonary diseases and internal medicine, and is board-eligible for critical care & sleep disorders.

Engineering firm Allen & Hoshall announced the addition of four new employees to its Memphis location: **James Simpson**, civil engineer; **Jason Sholtz**, civil engineer; **Matt Coulter**, engineer-in-training; and **Kyle Adams**, engineer-in-training.

Michael Ashack has joined Memphis-based prevention and wellness company Lifesigns as vice president of sales and marketing. Ashack will be responsible for overseeing all sales and marketing initiatives for the company, as well as business development for each of the markets Lifesigns operates within. He also will be responsible for expanding Lifesigns' product lines to better serve its corporate clients, as well as individual patients.

